



HANOVER COUNTY PUBLIC SCHOOLS Sickness and Disability Benefits

The chart below provides an outline of potential sickness and disability benefits available through HCPS. For individual consultation regarding your specific benefits, please contact HCPS Benefits Specialist, Nancy Berryman at 804-365-4580 or nberryman@hcps.us.

Provided by HCPS

Voluntary/Supplemental

<ul style="list-style-type: none"> • Paid leave: Sick/Personal (Vacation) See AESOP for balances 	<ul style="list-style-type: none"> • Sick Leave Bank - must request within 10 work days of going on LWOP. Out of work 30 days (VRS Plan 1 & Plan 2)
<ul style="list-style-type: none"> • Short Term Disability (STD) – The Standard. (VRS Hybrid participants only) 1-800-426-4332 	<ul style="list-style-type: none"> • Short Term Disability (STD) – Met Life 1-800-300-4296
<ul style="list-style-type: none"> • Long Term Disability – Met Life 1-800-444-1433 (VRS Plan 1 & 2) • Long Term Disability – The Standard (VRS Hybrid participants only) 1-800-426-4332 	<ul style="list-style-type: none"> • Long Term Care Insurance – Genworth Life 1-866-859-6060 www.genworth.com/cov Nursing home/assisted living care, etc.
<ul style="list-style-type: none"> • VRS Disability Retirement - Basic or Survivor payout options – (VRS Plan 1 & 2 participants only) 1-888-827-3847 www.varetire.org 	<ul style="list-style-type: none"> • AFLAC – Cancer/Critical Illness/Accident 1-800-433-3036
<ul style="list-style-type: none"> • VRS Service Retirement – Basic/Survivor/Advance Pension payout options – 1-888-827-3847 www.varetire.org 	
<ul style="list-style-type: none"> • Employee Assistance Program (EAP)- OPTIMA - Up to five free confidential counseling sessions 1-800-899-8174 – www.optimaep.com (user name HCPS) 	